

Prayer for World Peace and Welfare

The three jewels and three roots,
Trustworthy source of refuge, and in particular the lord of snow, Avalokiteshvara, Jetsun Tara and
Guru Padmasambhava, I supplicate you; please follow your previous pledges!

Bestow blessings that this aspiration prayer may be fulfilled most perfectly!

Due to the degeneration of times when thoughts and deeds of beings are perverted and the inner
and outer elements have lost their balance, humans and cattle are seized by epidemic disease
previously unheard of;

Intruding rahun, nagas, powerful demons and dark forces, blight, frost and hail, bad harvest, warfare,
and so forth,

Erratic rainfall, heat, misery and droughts in the world, destruction by the elements such as
earthquakes and the threat of fire,

And in particular barbaric offenses causing harm to the teachings are rampant. May all types of harm
and injury around the world be swiftly pacified and overcome!

May precious and supreme Bodhicitta spontaneously arise in the mindstreams of all beings, human
and non-human, and may they be free from destructive thoughts and deeds!

May all be endowed with a loving mind for one another and may well-being, glory and prosperity
prevail throughout the world! May the Buddha's teachings spread far and wide and ever last!

By the truthful power of the three roots, the Buddhas and Bodhisattvas, by any root of virtue
existing in samsara and nirvana and by the power of our perfectly pure, highest intention, may the
fruition of our supplication and aspiration be attained!

This prayer was composed by Jamgon Kongtrul Rinpoche for the peace and welfare of Tibet. In order to suit present times, Lama Thubten Nima changed certain wording, such as the reference to the whole world instead of only to Tibet. Lupon Barbara Du Bois added some small changes, including referring to humans instead of to men.

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