

ABSOLUTE AND RELATIVE BOTH ARE

In this dreamlike life we appear for a moment
in a reality that we call relative...
while our true nature is the absolute itself:
unborn and undying, changeless, lucid, radiant, and empty.

We already are what we aspire to become.
We are templates of truth
to be laid bare by love.

The laying bare is the spiritual work,
and love, inseparable from truth,
is its ground, its path, and its fruit.

To be what we already are
only two things are required of us:
to love and to know...

To love completely all beings and all phenomena
and to know directly the true nature of being.

These two are not two.

For the first we cultivate bodhicitta, the great love.
For the second we cultivate the inward attention, awareness,
to recognize and rest in the true nature.